

# All Season Backcountry Recreation

## *Hiking, Skiing, Snowshoeing, Trail Running*

The Mississippi Madawaska Land Trust operates three wilderness properties open to the public in Eastern Ontario near Ottawa, Arnprior, Almonte, Carleton Place, Perth, and Denbigh. Each property offers kilometers of well-marked, ungroomed nature trails for skiing and snowshoeing in winter and hiking and trail running spring through fall. We strongly believe in connecting people to nature for physical and spiritual well being.

Property	Activities	Trails
<b>High Lonesome Nature Reserve</b> 867 Carbine Road near Pakenham	Hiking Snowshoeing Cross-country Skiing Trail Running	8 km of colour-coded trails. 14 m of elevation change. Hilly and flat terrain. Interpretive signs on some trails.
<b>Blueberry Mountain at cliffLAND</b> 502 Hills of Peace Road Near Flower Station, Lanark	Hiking Snowshoeing Cross-country Skiing Trail Running	5 km (return) of marked trails. Gradual climb to one of the highest elevations in Lanark County. Interpretive signs on the trail. Guided tour to other trails available.
<b>Rose Hill Nature Reserve</b> Rose Hill Road In the Addington Highlands	Hiking Trail Running Property is difficult to access for winter activities.	2 km of marked trails. Some steep hills and flat terrain.



**High Lonesome Nature Reserve** is a 200 acre property that lies within the Pakenham Mountain Provincially Significant Wetland Complex only 45 minutes from central Ottawa and 30 minutes from Kanata, Stittsville, Arnprior, and Almonte. The trails wind through regenerating upland forest, meadows, and wetlands, providing opportunities to observe varied habitats and wildlife.

**Blueberry Mountain at cliffLAND** is 1250 acre property in the Lanark Highlands, about 90 minutes from Ottawa and only an hour away from Carleton Place and Perth. The site offers a gradual climb through forest and beside a waterfall to Blueberry Mountain, voted one of the Seven Wonders of Lanark County. There is one short (185 m), steep climb to reach the lookout. New trails are being planned.



**Rose Hill Nature Reserve** is a 358 acre property of forested landscape in a remote area with four small ponds, wetlands and several creeks. It is at a high elevation for eastern Ontario and is dominated by several long, steep ridges with rock outcrops and glacial erratics common on the domed hills and slopes. New trails are planned for 2016.

**Like the Trails?** Consider a donation. We welcome use of our properties for free, but if you appreciate having the opportunity for a wilderness experience, please consider donating to the land trust, a charitable organization, to help with trail maintenance.

**Got a Group?** You're welcome to visit. For High Lonesome and Rose Hill, please read our Public Access Policy and complete the Access for Organized Groups Form available on our web site. For Blueberry Mountain, see our web site for contact details. While group access is free, a minimum donation of \$10 each from participants to help with the costs of the property is appreciated. Children under age 12 are free.

